

学英语，练听力，上听力课堂！

Dance like no one is watching 起舞吧，就像根本无人观望

We always convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough and we'll be more content when they are. After that we're frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage.

We always tell ourselves that our life will be complete when our spouse gets his or her act together, when we get a nicer car, and are able to go on a nice vacation, when we retire. The truth is, there's no better time than right now. If not now, when? Our life will always be filled with challenges. It's best to admit this to ourselves and decide to be happy anyway.

One of my favorite quotes comes from Alfred Souza. He said, "For a long time it had seemed to me that life was about to begin--real life. But there was always some obstacle in the way, something to be gotten through first, some unfinished business, time still to be served, a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life." This perspective has helped me to see that there is no way to happiness. Happiness is the way. So, treasure every moment that you have. And remember that you have. And remember that time waits for no one. So stop waiting until you finish school, until you go back to school; until you get married, until you get divorced; until you have kids, until your kids leave home; until you start work, until you retire; until you get a new car or home; until spring; until you are born again to decide that there is no better time than right now to be happy...

Happiness is a journey, not a destination. So, work like you don't need money, love like you've never been hurt, and dance like no one's watching.

后记：

原文作者是一位名字叫做 Alfred D'Souza 的神父，原文的主旨是在告诉人们要更加珍惜那些可以与别人共度过的时光，不要等待，没有通往快乐的道路，因为快乐本身就是道路，是一段旅程，而不是终点~~

Dance like no one is watching.

Sing like no one is listening.

Work like you don't need the money.

Love like you've never been hurt.

Live life everyday as if it were your last.