

第十四篇：The Goodness of life 生命的美好

The Goodness of Life

Though there is much to be concerned about, there is far, far more for which to be thankful. Though life's goodness can at times be overshadowed, it is never outweighed.

For every single act that is senselessly destructive, there are thousands more small, quiet acts of love, kindness and compassion. For every person who seeks to hurt, there are many, many more who devote their lives to helping and to healing.

There is goodness to life that cannot be denied.

In the most magnificent vistas and in the smallest details, look closely, for that goodness always comes shining through.

There is no limit to the goodness of life. It grows more abundant with each new encounter. The more you experience and appreciate the goodness of life, the more there is to be lived.

Even when the cold winds blow and the world seems to be covered in foggy shadows, the goodness of life lives on. Open your eyes, open your heart, and you will see that goodness is everywhere.

Though the goodness of life seems at times to suffer setbacks, it always endures. For in the darkest moment it becomes vividly clear that life is a priceless treasure. And so the goodness of life is made even stronger by the very things that would oppose it.

Time and time again when you feared it was gone forever you found that the goodness of life was really only a moment away. Around the next corner, inside every moment, the goodness of life is there to surprise and delight you.

Take a moment to let the goodness of life touch your spirit and calm your thoughts. Then, share your good fortune with another. For the goodness of life grows more and more magnificent each time it is given away.

Though the problems constantly scream for attention and the conflicts appear to rage ever stronger, the goodness of life grows stronger still, quietly, peacefully, with more purpose and meaning than ever before.

译文：

生命的美好

尽管有很多事让人忧虑，但相比而言，值得感激的事要多得多。尽管生命的美好有时被蒙上阴影，但它却永远不会被埋没。

相对于每一个无谓的破坏行为而言，都有更多数以千计更为微小的，包含着爱，友善和同情的举动静静地上演着。相对于每一个试图伤害他人的人而言，都有更多的人致力于帮助他人，治愈他人的创伤。

生命的美好不能否认。

在最为壮观的前景和最为琐碎的细节中，请仔细观察，因为美好的事物总是散发着耀眼的光芒闪亮登场。

生命的美好没有界限。每一次相遇都会使这美好变得越发丰富。你经历得越多，越能欣赏生命的美好，生命中的美好就会变得越多。

即使当寒风袭来，整个世界似乎被雾气掩盖之时，生命的美好仍会存在。睁开双眼，打开心扉，你就会发现这美好无处不在。

尽管生命的美好有时似乎遭受挫折，但它总会挺过来。因为，在最黑暗的时刻，有一点变得格外清楚，那就是，生命是无价的财富。因此，下正是与生命的美好相对立的事物使其越发强大。

无数次地，当你担心这美好已经远离之时，你会发现生命的美好其实只与你相隔须臾。它就在下一角落，存在于每个时刻之间，等着给你惊喜。

花些时间让生命的美好感动自己的灵魂，放松自己的思绪。然后，把你的幸运与他人分享。因为生命的美好会在每次给予之间变得越来越壮观。

尽管总是有问题让你去关注，冲突也似乎愈演愈烈，但生命的美好却总是静静地，平和地，带着比以往更强的意志和更多的价值变得更加强大。

学英语，练听力，上听力课堂！
